The Children's Memorial Health Institute, Department of Biochemistry and Experimental Medicine Warsaw, Poland, www.czd.pl

VITAMIN D
MINIMUM, MAXIMUM, OPTIMUM

OPTIMIZATION OF VITAMIN D PLEIOTROPIC ACTION IN THE POPULATION OF CENTRAL EUROPE. UPDATED RECOMMENDATIONS FOR DIAGNOSTICS, PREVENTION AND MANAGEMENT OF VITAMIN D DEFICIENCY.

19-20 OCTOBER 2012
National Stadium Convention Center WARSAW, POLAND

Following the “CALL FOR ACTION: Vitamin D Nutritional Policy in Europe” event on 23 March 2010 in the European Parliament in Brussels

ORGANIZING COMMITTEE
Dr. Paweł Płudowski
Dr. Elżbieta Karczmarewicz

INTERNATIONAL SCIENTIFIC COMMITTEE
Dr Paweł Płudowski, Poland – confirmed
prof. Bertold Koletzko, Germany – confirmed
prof. Tamas Decsi, Hungary – confirmed
prof. Jacek Łukaszkiewicz, Poland – confirmed
prof. Anna Dobrzanska, Poland
prof. Danuta Chlebna-Sokol, Poland – confirmed
prof. Roman S. Lorenc, Poland – confirmed
prof. Piotr Gluszko, Poland – confirmed
prof. Elina Hypponen, UK – confirmed
prof. Elżbieta Karczmarewicz, Poland – confirmed
prof. Heike Bischoff-Ferrari, Switzerland – confirmed
prof. Milan Bauer, Czech Republic – confirmed
prof. Janusz Badurski, Poland – confirmed
prof. Mieczyslaw Szalecki, Poland – confirmed
prof. Waldemar Misiorowski, Poland – confirmed
prof. Justyna Czech-Kowalska, Poland – confirmed

SECRETARY
Ewa Skorupa
Lucyna Gajewska

INSTITUTE OF VITAMIN D
definitions, implications, recommendations

ON BEHALF OF SCIENTIFIC COMMITTEE: Dr. Paweł Płudowski, Dr. Elżbieta Karczmarewicz, Prof. Jacek Łukaszkiewicz, Prof. Roman S. Lorenc

CONTACT
- website: www.witaminadwaw.pl,
- registration: www.witaminadwaw.pl
- President of Organizing Committee: p.pludowski@czd.pl
- place: Conference Center of National Stadium, Al. Ks. Józefa Poniatowskiego I, 03-901 Warsaw, Poland

THINGS TO DO:
1. Mark the date of the event October 19-20, 2012 on your calendar!
2. Send e-mail to michal.majewski@standardy.pl with information of attendance!
4. Stay tuned for the latest event information on the link provided (available soon)!
5. Perform 25-OHD assay (baseline) and start vitamin D supplementation if necessary!

ON BEHALF OF SCIENTIFIC COMMITTEE: Dr. Paweł Płudowski, Dr. Elżbieta Karczmarewicz, Prof. Jacek Łukaszkiewicz, Prof. Roman S. Lorenc
FRIDAY, OCT 19TH 2012
7.00–18.00 Registration

SESSION 1  8.45–10.15
8.45–8.50 | Welcome – Dr. Paweł Pludowski, Chairman of Organizing Committee
8.50–9.05 | Introduction – Vitamin D in The Children's Memorial Health Institute – Dr. Maciej Piróg, Health Care Advisor of President of Poland, Head of CMHI
9.05–10.05 | Vitamin D deficiency in Central Europe – epidemiology. CE country representatives will present epidemiologic data – Dr. Paweł Pludowski (Poland), Prof. Tamas Decsi (Hungary), Prof. Bertold Koletzko (Germany), Prof. Vladyslav Povoroznyuk (Ukraine), Prof. Liudmila Yankovskaya (Belarus), Prof. Milan Bayer (Czech Republic), Prof. Olga Lesnyak (Russia)
10.05–10.15 | Discussion
10.15–10.45 | COFFEE BREAK

SESSION 2  10.45–13.15
10.45–11.05 | Vitamin D – nutritional or endocrinological problem – Prof. Heike Bischoff-Ferrari (Switzerland)
11.15–11.35 | Vitamin D and health benefits: long term nutritional programming – Dr. Elina Hypponen (United Kingdom/Finland)
11.45–12.05 | DHA and health benefits: long term nutritional programming – differences and similarities with vitamin D – Prof. Berthold Koletzko (Germany)
12.15–12.35 | Vitamin D safety: Its Mechanisms and Application – Prof. Glenville Jones (Canada)
12.45–13.05 | Vitamin D provision and supplementation standards – Prof. Roman S. Lorenc (Poland)
13.10–13.30 | Skin synthesis vs oral supplementation – Prof. Jacek Lukaszewicz (Poland)
13.35–14.15 | LUNCH

SESSION 3 (14.15–16.55)
14.15–14.35 | Vitamin D and cancer – TBA
14.40–15.00 | Vitamin D role for immunity – Prof. Jacek Michalikiewicz
15.05–15.25 | Vitamin D in Atopic Dermatitis – Prof. Zbigniew Samochocki
15.30–15.50 | Vitamin D in Multiple Sclerosis – Prof. Katarzyna Kotulska-Jóźwiak
15.55–16.05 | Vitamin D in Rheumatoid Arthritis – Prof. Piotr Glusko
16.10–16.30 | Vitamin D in type 1 and type 2 diabetes and in endocrinopathies of growth period – Prof. Mieczysław Szalecki
16.35–16.55 | Vitamin D in type 1 and type 2 diabetes and in endocrinopathies of adulthood – Dr. Waldemar Misiorowski
16.55–17.15 | COFFEE BREAK

SESSION 4  17.15–18.50
17.15–17.35 | Rickets – updated – Prof. Milan Bayer
17.40–18.00 | Vitamin D and musculoskeletal system – prof. Edward Czerwiński (Poland)
18.05–18.25 | Idiopathic infantile hypercalcemia – Prof. Ewa Pronicka
18.30–18.50 | Vitamin D and malabsorption syndroms (cystic fibrosis, cholestasis, inflammatory bowel diseases) – Prof. Piotr Socha
20.30 | GALA DINNER

SATURDAY, OCT 20TH 2012

SESSION 5  9.00–11.10
9.00–9.20 | Vitamin D, hypertension, metabolic syndrome, and cardiovascular disease during growth period – Prof. Mieczyslaw Litwin
9.25–9.45 | Vitamin D, hypertension, metabolic syndrome, and cardiovascular disease in adulthood – Dr Piotr Rozentryt
9.50–10.10 | Vitamin D and chronic kidney disease during growth and maturation period – Prof. Ryszard Grenda
10.15–10.35 | Vitamin D and chronic kidney disease in adulthood – TBA
10.40–11.00 | Controversies associated with vitamin D use in patients with urolithiasis – TBA
11.10–11.30 | COFFEE BREAK

SESSION 6  11.30–13.10
11.30–11.50 | Vitamin D assays, pre-analytical and analytical pitfalls and errors of vitamin D measurements – TBA
11.55–12.15 | Standardization of vitamin D measurements – TBA
12.20–12.40 | Quality control and harmonization of assays – TBA
12.45–13.05 | 3-Epi-25-OHD: new metabolite, potential biologic action, interferential problems with 25-OHD measurement – TBA
13.15–14.15 | LUNCH

SESSION 7  14.30–16.10
14.30–14.45 | Vitamin D supplementation during pregnancy and lactation – Prof. Romuald Dębski
14.50–15.05 | Vitamin D supplementation in preterm born, newborn, and during infancy – Dr. Justyna Czech-Kowalska
15.10–15.25 | Vitamin D supplementation in children and adolescents – Prof. Danuta Chlebna-Sokół
15.30–15.45 | Vitamin D supplementation in adulthood – TBA
15.50–16.05 | Vitamin D deficiency therapy in risk groups – “Algorithm of tailored intervention” – Prof. Ewa Marcinowska-Suchowierska

SESSION 8  16.15–17.30
CENTRAL EUROPEAN CONSENSUS FOR PROPER VITAMIN D SUPPLEMENTATION – PROPOSAL
Round table discussion:
1) Vitamin D status assessment criteria and methods – consensus thesis
2) Vitamin D standards of supplementation in the population – consensus thesis
3) Algorithm of tailored intervention in vitamin D deficient risk groups – consensus thesis
4) Implementation strategies for novel supplementation recommendations in CE
5) Round table discussion – Voting for novel recommendations for CE's